

# ASSIP Manual: Levels of using and implementing ASSIP

## Level 1

Practical use of ASSIP based on manual, without Trainer

## Level 2

Practical use of ASSIP based on manual, involving Trainer, no ASSIP certification

- a) Introduction to ASSIP, ½ - 1 day.  
Overview, theory, case examples (incl. videos).
- b) Introduction and workshop, 1 – 2 days.  
Overview, theory, case examples, practical exercises, role-play.

## Level 3

Implementation of ASSIP and certification as ASSIP therapists

- a) Requirements  
See course description (max. 6 participants, 2 ½ - 3 days)  
Integration of ASSIP in the local/regional health care system must be clarified. Sources of referrals should be established.  
A person responsible for dealing with practical problems must be determined.  
Participants are familiar with the manual and the reading list.  
After the basic training each participant presents at least 5 cases for formal supervision (which includes evaluation and feedback by trainer).  
Follow-up meeting after 6-12 months, with case supervision including the use of the ASSIP adherence and competence scale (ACS-ASSIP).  
After certification, ongoing case supervision is recommended.
- b) For therapists involved in an effectiveness study  
Requirements  
Training as (a) must be completed prior to be involved in study.  
Regular ongoing case supervision (at least after every 5th case) for duration of study.  
Involvement of KM and AGM in study as investigators, or external advisers as minimum.  
Co-authorship of ASSIP authors.

KM/AGM 25.08.2019